Bharatiya Vidya Bhavan's
Sardar Patel College of Engineering
(Govt. Aided Autonomous Institute Affiliated to University of Mumbai)
Bhavan's Campus, Munshi Nagar, Andheri (West), Mumbai 400058.

Date : 05.11.2026

Notice: Student Counselling Support Services

All the students, faculty and staff members of the Institute are here by informed that we are committed to ensuring the emotional well-being, mental health, and overall development of our students. In this regard, the Institute has entered into a MoU with **Drishti (a unit of Prabhav Rehabilitation LLP)** to provide structured psychological and psychoeducational support services to our students.

The following two experienced counselling psychologists from Drishti will be available in the Institute for in-house student counselling:

	**1. Ms. Renuka Gune** [e-mail: counsellor@spce.ac.in] *Counselling Psychologist | Program Director – Psychology, Drishti* Ms. Gune brings extensive experience in psychological assessment, counselling, therapy, behavioral interventions, and training across clinical, educational, hospital, and multidisciplinary settings since 2018. She taught undergraduate and postgraduate psychology courses and provided student counselling and academic mentoring. **Available on Tuesday and Wednesday from 12.30 pm to 5.00 pm**
	**2. Ms. Pratiksha Dixit** [e-mail: counsellor1@spce.ac.in] *Counselling Psychologist | Head – Outreach Services, Drishti* Ms. Dixit has been working in counselling psychology and life-skills training since 2013. Her work focuses on student well-being, emotional intelligence, behavioural support, art-based therapy interventions, and structured awareness programs for students and educators. **Available on Thursday from 12.30 pm to 5.00 pm**

The students can meet the counsellors in **Room No. 245** with prior appointment through e-mail given above or even without prior appointment as per the schedule in case of emergency.

The counselling support program will include:

- **Individual counselling sessions** for students
- **Crisis intervention (SOS support)** where immediate help is required
- **Group counselling and mental health awareness sessions**
- Orientation and sensitisation programs for faculty and staff

All counselling interactions will be handled with strict professionalism and confidentiality. Students are encouraged to make use of this support system whenever they experience emotional distress, anxiety, academic pressure, adjustment difficulties, or any personal concerns. Seeking counselling is a sign of strength, and SPCE strongly supports a culture of well-being and openness.

Dr. Rahul Dahatonde
T&P Officer

Dr. M. M. Murudi
I/c. Principal